



# Partera *di* Anaku

Exchange program  
international



Care program for women in the  
gestation, childbirth and postpartum  
stages in Cotacachi Ecuador, based  
on the knowledge of ancestral  
midwifery.



## **Brief history**

Partera di Anaku is a community family project of traditional childbirth care for women created by Martha Arotingo that combines knowledge in natural medicine and ancestral wisdom, with care during pregnancy, childbirth and postpartum so that the woman can have well-being in her transition to motherhood.





## With your arrival we support

1

Women's empowerment and childbirth care program in the communities of Cotacachi

2

Free ancestral midship school for Women from the communities of Cotacachi

3

Construction of a community birthing house.





## **Program**

This program is based on the accompaniment of Martha and Luzmila in their daily activities to recognize and learn the ancestral form of transmission of Knowledge.

## **Activities**

- Home visits for uterus relocation, chain, external relocation of babies on weekends in Quito
- Home visits one day a week in Cotacachi and its surroundings.
- Participation within the midway school every Tuesday.
- One day a week of private exchange with Martha
- One day a week of private exchange with Luzmila
- Energy clean

## **Includes**

Acoomodations  
Kitchen space  
Internal transport to activities

## **Does not include**

Diet

**The entire program is based on the exchange through the Spanish language  
We have the option of an immersive program with Spanish classes after an exchange**





## **COST**

RATE:

1500 USD 3 weeks

START DATE:

We receive two women  
monthly after coordination.

FORM OF PAYMENT:

Paypal

Credit transfer

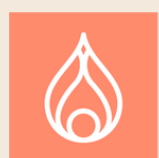
Internacional transfer

Credit card

CONTACT:

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Coordinate a video call to close  
your registration



**Partera***di***Anaku**